

Symptoms

You may have coronavirus if you have either of the following symptoms, however mild:

- a high temperature.
- a new, continuous cough.

Anyone who has these symptoms must stay at home until the symptoms have ended, and in all cases for at least seven days. Everyone else in the household must stay at home for at least 14 days after the first person's symptoms appear, even if they themselves do not have symptoms. If anyone else develops symptoms during that time, that individual must stay home for an additional seven days from when they developed symptoms. Once seven days have passed and provided symptoms have ended, they no longer need to isolate.

Do not go to a GP surgery, pharmacy or hospital.

Use **NHS online services**. Only call **111** if you are not able to get online, you have been instructed to call, or your symptoms worsen.

Call **999** if you have a serious or life-threatening emergency, and tell the call adviser if you have coronavirus symptoms.

					
DAY	PERSON A	PERSON B	PERSON C	PERSON D	
01	Develops symptoms, triggering 7-day isolation for herself and 14 days for her household				
02					
03			Develops symptoms and starts 7-day count		
04					
05					
06					
07					
08					
09	Isolation ends if symptoms have stopped				
10		Isolation ends if symptoms have stopped			
11					
12					
13					
14				Develops symptoms and starts 7-day count	
15			No symptoms isolation ends		
16					
17					
18					
19					
20					Isolation ends if symptoms have stopped